

Negative Emotions: Vocabulary List

<i>List 1</i>	<i>List 2</i>	<i>List 3</i>
1. aggravate	1. agonize	1. alarm
2. alienate	2. annoy	2. bewilder
3. bore	3. concern	3. conflict
4. confuse	4. depress	4. devastate
5. disappoint	5. disapprove	5. discourage
6. disgust	6. dissatisfy	6. displease
7. distress	7. disturb	7. embarrass
8. frighten	8. exasperate	8. frustrate
9. humiliate	9. horrify	9. insult
10. shock	10. puzzle	10. irritate
11. threaten	11. tire	11. terrify
12. worry	12. trouble	

Glossary

<i>Word</i>	<i>Definition</i>	<i>Example Sentence</i>
aggravate	make someone feel angry or annoyed	• Getting stuck in traffic is really aggravating.
agonize	worry greatly about something; create strong negative feelings	Waiting to hear the results of the entrance exam was agonizing.
alarm	make someone feel afraid because of danger	The 2008 financial crisis alarmed the world.
alienate	push someone away emotionally; make someone feel like an outsider	A heel turn in professional wrestling is when a babyface (good guy) alienates his fans by doing something awful.
annoy	make someone feel a little angry	High, squeaky voices really annoy me.
bewilder	make someone feel confused	Trying to drive in New York City is bewildering.
bore	cause someone to lose interest	Your boredom can be cured with a good book.
concern	make someone worry	Our biggest concern is how to pay for all the new computers.
conflict	two things that go against each other	The students were confused because two teachers gave conflicting answers.
confuse	make something difficult to understand	The passive voice causes a lot of confusion for students.

depress	cause someone to feel hopeless or useless	The loss of a loved one can cause depression.
devastate	destroy completely	South Asia was devastated by a tsunami in December, 2004.
disappoint	prevent something fun or enjoyable from happening	The crowd was disappointed to hear that the game had been postponed.
disapprove	have negative feelings about something; say no to something	The father gave a disapproving look to his son when he used bad words.
discourage	cause someone to lose confidence or enthusiasm	Studying and still getting a low score was very discouraging for Jimmy.
disgust	cause someone to feel a very strong, negative feeling	The smell of rotting meat was disgusting.
displease	make someone feel unhappy	The mess in the living room displeased the parents.
dissatisfy	when something isn't good enough	I was dissatisfied with my low quiz score. I need to prepare better next time.
distress	cause someone to feel worried or afraid	News that the factory was going to close was distressing for the residents of the small town.
disturb	interfere with a normal situation; make someone feel bad	My sleep was disturbed by the roar of motorcycles.
embarrass	cause someone to feel awkward or ashamed	Dropping his tray in the middle of the cafeteria was really embarrassing.
exasperate	make someone really angry, annoyed and frustrated	Sometimes little kids can be exasperating when they keep saying "No! No! No!" all the time.
frighten	make someone feel scared	When I was a kid, I was really frightened by the Child Catcher in Chitty Chitty Bang Bang.
frustrate	make someone feel very dissatisfied because they can't change something	I was so frustrated because I spent three hours trying to fix a problem, but I couldn't figure it out.
horrify	make someone feel very, very afraid	The world was horrified by the 1994 genocide in Rwanda.
humiliate	make someone feel very, very embarrassed	Teenagers are often humiliated by their parents.
insult	say something very bad to another person	Calling someone "stupid" is very insulting.
irritate	make someone annoyed or angry	Walking around with a small stone in my shoe was really irritating.

puzzle	confuse; think about something difficult	The boy's sudden anger was very puzzling to his teacher.
shock	give a sudden, very negative experience	News of a plane crash on April 10, 2010 shocked Poland.
terrify	make someone very, very scared	For some people, standing at the edge of a tall building is terrifying.
threaten	put someone at risk; put into danger	The joggers felt threatened by the growling dog.
tire	make someone need to rest; take energy away from someone	Standing all day is very tiring for food servers.
trouble	cause worry or inconvenience for another person	Ursula's parents are troubled by her recent bad behavior.
worry	<ul style="list-style-type: none"> make someone keep thinking about something bad 	<ul style="list-style-type: none"> Emily's parents were very worried because she was two hours late.

